



DIY BLEACH/ DISINFECTANT

Alcohol

Combine two parts isopropyl alcohol to one part water. Let the alcohol/water mixture sit on surface for 30 seconds before wiping the surface.

Distilled White Vinegar

Pour vinegar directly on the surface, let sit for up to 30 minutes and wipe. Alternatively, create a vinegar spray. Combine 1:1 ratio of vinegar and warm water with 20 drops of lemon or tea tree essential oils into a spray bottle.

Hydrogen Peroxide

Use 3% hydrogen peroxide right out of the bottle to wipe down surfaces, or dilute by mixing 2.5 parts water to 0.5 parts hydrogen peroxide. Leave the mixture on the surface for at least one minute before wiping.

Essential Oil + Castile Soap

Tree oil is one of the most promising essential oils with antibacterial properties. Along with Eucalyptus, Thyme, Cinnamon. Combining antibacterial essential oils with a few drops of Castile Oil (commonly made from vegetable oils) can create a bacteria-fighting cleanser.