DIY ALTERNATIVES

Detergents and Fabric Softeners

**Detergent:**
- Add ½ a cup of baking soda to your washer drum before adding in your clothes. Place ½ cup vinegar in the detergent tray or softener tray to be dispensed mid-cycle.

**Fabric Softener:**
- Add ½ cup to 1 cup of vinegar to the fabric softener compartment when starting a load for soft feeling clothes. To get clothes to your desired scent, at 20-30 drops of an essential oil to the vinegar in the softener compartment.

**Dryer Sheets:**
- For an affordable and household option, tear a sheet of aluminum dryer about the size of the width of the dryer, fold the corners then ball up the foil. The ball should be about 3-4 inches in diameter. Toss the aluminum in the dryer drum and replace the foil once it starts to fall apart.

**For a store bought alternative to dryer sheets:**
- To get clothes feeling soft and fluffy, add wool dryer balls, or tennis balls to your dryer drum.

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