Beneficial Insect Plants of the Pacific Northwest

Wild pollinators and other beneficial insects are attracted to native and naturalized plants. Go native! Provide habitat and food for PNW insects that will help control invasive garden pests.

Beneficial insects include: bees, butterflies, ladybugs, lacewings, hoverflies, minute pirate bugs & damselbugs.

Native to Oregon  Especially Attractive to Native Bees

- Arrowleaf Balsamroot
- Balsamorhiza sagittata
- Oceanspray
- Azalea discolor
- Sweet Marigold
- Tagetes lucida
- Fiddleneck
- Phacelia tanacetifolia
- Oregon Sunshine
- Erigeron linatum
- Red Elderberry
- Sambucus racemosa
When Do These Attractive Beneficial Insect Plants Bloom Best?

- **Feb**: Pink-Flowering Currant
- **Mar**: Fiddleneck
- **Apr**: Oregon Grape
- **May**: Mock Orange
- **Jun**: Oregon Oxalis, Oregon Iris
- **Jul**: Tiger Lily, Yarrow, Salal, Red Osier Dogwood, Oregon Sunshine
- **Aug**: Signet Marigold, Red Elderberry, Oceanspray, Arrowleaf Balsamroot
- **Sep**: Lemon Balm

[BEYOND TOXICS](http://www.beyondtoxics.org)